



UATH BULLETIN

A Publication of the University of Abuja Teaching Hospital, Gwagwalada - Abuja.

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- UATH Organizes Leadership Workshop for Management Staff
- Minister of Education Visits UATH
- KIDSOR and Smile Train Leadership Visits UATH
- NLNG impact assessment to the New Maternity Complex
- UATH marks World Breastfeeding week
- SERVICOM Committee Reconstituted
- MDCAN holds AGM

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From the Editorial Desk

It's yet another quarter in our quarterly UATH Bulletin, Volume 7, No. 3 (July–September, 2023). We are therefore delighted to welcome you to another production, as we have a plethora of fascinating visuals and news tit-bits for your enjoyment. Significant milestone events that occurred during the period under review are included in this package.

Following Management's commitment to human capital development, in-house trainings were organized for Top Management Committee Staff, Consultants and Nursing Department Managers to enhance professional proficiency. Topics and Faculty include: Attitudinal Change by Dr Joseph Danley; Effective Leadership: The Role of Nurse Managers by Dr Joseph Chinyere Ibekwe and Negligence in Nursing Practice: Changing the Narratives by Barrister Ebenezer Ekwuatu, with a take-home warning that "THE PATIENTS ARE COMING!"

We had accreditation visit from the West African College of Physicians to the Department of Internal Medicine and the Annual General Meeting of the Medical and Dental Consultants Association of Nigeria was held at the ICN school.

The hospital also hosted the Honourable Minister of State for Education, Dr Yusuf Tanko Sununu; the President of KidsOR, Dr David Cunningham; Vice President of Smile Train, Dr Obi; Founder and President of IFAIN, Professor Stephen Obaro; and the leadership of Okapi Children's Cancer Foundation that held her 7th Annual Childhood Cancer Awareness walk at Jabi Lake Mall, Abuja on September 23rd, 2023.

After attaining 60 years of age or 35 years of meritorious service to the University of Abuja



Teaching Hospital, three Departmental Heads retired from public service. They include the Head of Department Nursing, Dr Mrs. Lydia Chukwu, who handed over to Mrs. Rose Musa; Head of Works and Engineering, Engr Bala Mangut that handed over to Builder Mrs. Dalapo Oshodin and the Head of Legal Unit, Barrister Jonathan Muru who was succeeded by Barrister Olabiyi Sosanwo. We wish the outgoing officers the very best in their future endeavours and the incoming officers success in their new posts! Three resident doctors tied the nuptial knots during the period under review namely: Dr Atim Terzulum, Department of Radiology; Dr Haruna Envuluanza, Department of Ophthalmology; and Dr Peter Agida, of the Department of Obstetrics and Gynecology. We wish them a blissful married life.

Finally, the CMD is not on Facebook or any platform that requests you to register for contracts or pay for job placements. They are fraudsters and scammers so do not fall victim.

Relax and enjoy this amazing, package of the UATH Bulletin.



NIGERIA: HAPPY 63RD INDEPENDENCE ANNIVERSARY

Nigeria got her independence from the British colonial rule on 1st October, 1960. Certainly, we are not there yet in terms of functional systems but consider the following:

1. After 63 years, we have at least a fairly modern city, Abuja. Note, Abuja was a thick forest 63 years ago; in fact, it had only a few scattered buildings as recently as 40 years back!

2. 63 years ago, we had only one university – the University of Ibadan. Today, we've over 250 Universities, just in 63 years.

3. 63 years ago, we had less than 200 qualified doctors in the whole country. 63 years after, UNILAG alone

produces 250 doctors per annum. Over the 63 years, Nigeria has produced over 100,000 doctors and we now graduate over 3,000 doctors per annum.

4. Fact is that 30 years ago, Lekki Peninsula was a mangrove forest. Today, it ranks among the fastest developing estates in the world.

5. Although Nigeria produced its first aircraft pilot, Captain Bob Hayes, in 1955, up till 1960 there was no Nigerian Captain and only a few pilots. Today, we have thousands of Nigerian pilots including female ones flying planes including captains with local and international airlines all over the world.

6. Nigeria is the first African nation to participate in and win a FIFA World Cup, the Under-17 World Cup as long ago as 1985. We've now won it 5 times, a FIFA record. We have even won the Olympics Gold medals in football and athletics. As a country, Nigeria has won more football laurels than our former colonisers, the United Kingdom.

7. The total National Income of Nigeria was less than 1Billion USD 63 years ago. All the so-called Cotton, Groundnut pyramids, Cocoa, Rubber, Hides & Skins etc generated less than 1Billion USD as of 1960. Today, Nigeria's Foreign Remittances by Diasporan Nigerians alone is up to 20Billion USD per

annum and our GDP is approaching half a Trillion US Dollars. That's progress that we seem to disregard.

8. ANPA - Association of Nigerian Physicians in Northern America, New York branch has 5000 Nigerian Doctors and Medical Professionals. We are reputed to have the second highest ethnic group of physicians in the United States and UK after India, that's progress in intellectual development.

9. Within 63 years of corporate existence, we've produced a Nobel Prize Winner, a Pulitzer Award Winner, and other professional leaders of global repute.

10. In 63 years, we now do Renal Surgery, IVF, Organ Transplant, and some good state of the art medical procedures and scientific breakthroughs.

11. We have dropped many fetish practices and poor hygiene to an extent that Poliomyelitis, Small Pox, Guinea Worm, and Cholera have been virtually eradicated. The world applauded the country in the handling of global epidemics and pandemics such as Ebola and Covid-19, and Lassa fever.

13. We contribute about 5% of global fossil fuels. This has earned us Billions of Dollars, though admittedly not properly managed, but has kept our finances afloat as a nation.

14. We have fought a civil war and recovered; and we have

also survived about 5 military regimes. We have now had 24 years of uninterrupted democracy (even though there are glitches)!

15. Most of us reading this post are living in a "Cement and/or Zinc Buildings". You want to know how houses were built 63 years ago? Pay a visit to your granny's building in the "village."

16. It is said that the entire Northern Nigeria had less than 10 University graduates as of 1959. The dearth of human capital was touted as the reason the Sardauna of Sokoto, Sir Ahmadu Bello, Premier of Northern Region deferred Nigerian independence to 1960. Check the number of graduates ABU Zaria alone produces per year now. Not less than 5000!

17. 1960, the Oba or Igwe or Emir was almost like a god. They even had power of lives! In 2023, you can take a paramount ruler to court if he infringes on your rights!

18. Almost 2 million Nigerians write JAMB per year. That's 2 million people who can at least read and write. Check the population

of Nigerians that can read and write as at 1960.

19. The entire country, Nigeria had only one TV Station, Western Nigeria Television, WNTV, as at 1960 with only four radio stations. Today, we've over 200 functional private radio & TV stations just within 63 years. In those days a few lucky towns had cable radio known as REDIFFUSION which is a word 90% of Nigerians are totally ignorant of now. How, times have changed!

20. Nigerian culture now permeates the entire world through the works of our musical artistes (Afrobeat), movie producers, actors (Nollywood), writers and content creators. Contrast with 1960 when our urban culture was dominated by foreign music, dressing and imitations of western culture. Today, Nigerian performers dominate the scenes all over Africa and are highly regarded globally. There is still hope for the country – Nigeria. Happy 63rd Independence Anniversary!

Copied and Edited from DOBA Platform @2023



UATH MANAGEMENT ORGANIZES LEADERSHIP TRAINING

A one-day leadership training was organized for Top Management Committee (TMC) members and the leadership cadre of the Nursing Department on July 6, 2023 as part of Managements human capital development efforts.

Dr. Danley Joseph from the Foundation for Correction of Moral Decadence (FMCD) spoke on attitudinal change, and admonished staff to always do what is right love humanity wherever one finds himself. Some of his key points were:

- Patriotism
- Time consciousness
- Celebration of colleagues when good things happen to them

The second speaker, Dr Joseph C. Ibekwe from the FLED Institute, who talked about effective leadership for excellence and defined

leadership as the art or process of influencing people so that they strive willingly and enthusiastically towards the achievement of a common goal. A leader should possess either a soft, hard, or forceful influence to get things done.

The third and last speaker, Barrister Ebenezer Egwuatu from Lawyers Arise for the People Initiative (LAPI), wrapped up the training by

emphasizing the pivotal role that the Nurse plays in the care of patients. He further admonished health care providers to always dispatch their activities to the best of their abilities to avoid litigations especially that patients are getting to their rights. Barrister Egwuatu warned that the "patients are coming" and so we must prepare for them adequately!



Dr. Danley Joseph from the Foundation for Correction of Moral Decadence (FMCD) and the CMD.



Top Management Committee members and Nursing Department Managers at the Training.

MANAGEMENT MEETING WITH CONSULTANTS

Following the opening ceremonies, the interactive meeting got right to business for the day. That is a presentation on “Avoiding Medical Negligence” by the guest speaker, Barrister Ebenezer Egwuatu.

During his lecture, he emphasized the importance of avoiding medical negligence in order to prevent "bad things from happening and failure to give enough attention or care to patients." He went on to say that consultants and medical physicians diagnose, treat, protect patients' lives, obtain information from them, and have an obligation to maintain confidentiality.

The presentation also addressed concerns of neglect, such as inability to effectively diagnose and monitor patients, sometimes ineligible handwriting, inappropriate treatment, and poor surgical outcomes.

Barrister Egwuatu emphasized that if care is not taken, negligence can create problems for the hospital, which might result in litigation and civil liability, for which the hospital would be held liable, and criminal liability, even via damage, could be rewarded.

According to Barrister Egwuatu, consultants and medical doctors should "respect the patient as a king,

update his or her professional skills, document and keep a proper record of the history of drugs, refer patients to a specialist, and manage patients well."

Professor B.A. Ekele, the chief Medical Director, praised the consultants and gave them high marks for optimal performance in his mid-term report. He stated that his administration has witnessed radical infrastructural and human resource development in training and research, citing the example of seven newly trained consultants in histopathology, medicine, and radiology. He also stated that his administration has accomplished two surgical



Professor B.A. Ekele, Chief Medical Director, presided over a meeting with UATH Consultants on Thursday, July 13, 2023, at the hospital's Intensive Care auditorium.

outreach programs and received goodwill from NLNG, FERMA, and FCT Senator Philip Aduda, to name a few.

Professor Ekele also assured the team of medical consultants that the Obstetrics & Gyneacology, Community Medicine, Laboratory, and Medical Emergency departments would be accredited between July and December 2023, adding that more medical equipment is expected before the end of December 2023, and the

Obstetrics & Gyneacology, Female Medical Ward, and Female Surgical Ward have been renovated and furnished as models.

The CMD stated that "the kids or theatre two on the second floor of the Trauma Centre will be commissioned in six weeks," adding that his administration has made provision for short-term courses for Fellows and the first set of B.sc nursing students who are currently collaborating with the University of Abuja.

Professor B.A. Ekele also requested the team of consultants to pray for the departments of Medical Microbiology and Chemical Pathology. He closed by thanking the consultants for their "high volumes of dedication to duty."

The presentation by the guest speaker, Barrister Egwuatu, and the CMD's 2023 mid-term report, which was an interactive session, were both attended by Consultants, Management, and some UATH personnel.



Barrister Ebenezer Egwuatu delivering his paper at the occasion.

A COURTESY VISIT BY THE HONOURABLE MINISTER OF STATE, EDUCATION

CMD, Professor Bissallah Ekele warmly welcomes the Honorable Minister of State for Education, Honorable Dr. Yusuf Tanko Sununu to the Hospital.

The Honorable Minister of State for Education, Dr Yusuf Tanko Sununu, paid a courtesy visit to the Chief Medical Director, Prof. Bissallah A. Ekele, on Thursday, August 17, 2023.

Dr. Sununu said the purpose of his visit was to pay homage to his teacher and mentor, Prof. Ekele, and to thank him for his



The Minister of State for Education, Dr. Yusuf Tanko Sununu (middle) with the CMD, Prof. Bissallah Ekele (3rd from left) and other Top Management Staff During his Courtesy Visit.

support in his political career. He promised to do his best in his new position as the

Minister of State for Education, Federal Republic of Nigeria.

In his response, the CMD, Prof. B.A. Ekele told the Honourable Minister that his new appointment did not come as a surprise because of his sterling performance at the 9th National Assembly. As the Chairman, House Committee on Healthcare Services, UATH benefited from Dr Sununu stewardship as he facilitated the Hospital Water Reticulation Project and the construction of a 50-room Call Duty Block which is 80% completed.

The CMD wished the Honorable Minister another successful outing in his new assignment and said we shall still count on his support even though he is posted to the Education sector. The August visitor signed the visitors' book and was followed by a group photograph.



CMD, Professor Bissallah Ekele warmly welcomes the Honorable Minister of State for Education, Honorable Dr. Yusuf Tanko Sununu to the Hospital.

KIDS OPERATING ROOM (KidsOR) AND SMILE TRAIN LEADERSHIP VISIT TO UATH

The collaboration meeting between KIDSOR, Smile Train, and UATH was held on July 27, 2023. It began with Professor Terna Yawe of the Department of Surgery introducing the visitors and explaining the goal of the visit, which was to also to interact with Management as a beneficiary of the program.

David Cunningham, CEO of Kids Operating Room, UK, stated that it was a wonderful honor to be at the University of Abuja Teaching Hospital and that it is the 68th project of Kids OR UK, which strives to create world-quality theatre rooms for children's surgeries.

In her contribution, the Vice President of SMILE TRAIN and Director for Africa, Chief Mrs. Nkiru Obi, thanked the



Some Top Management Staff and the Guests in a Group Photograph.

Management for being a strong ambassador of the SMILE TRAIN, appreciated the partnership between KIDSOR UK, the SMILE TRAIN, and the University of Abuja Teaching Hospital. She disclosed that the SMILE TRAIN would do everything within their limits to provide a variety of care, both for children and adults, and

would be back for commissioning of the project at a later date.

In an address, the Chief Medical Director, Prof. B.A. Ekele, introduced the Management team present, welcomed the guests, and said that one of the objectives of the teaching hospital was training, research, and teaching. The CMD also said the Hospital was available for partnership with any organization that was going to add value to the clinical service delivery.

The CMD accompanied by members of Management and partners from SMILE TRAIN and KidsOR organizations, visited the AISHA BUHARI TRAUMA CENTER, where the proposed theatre that would be equipped is located.

After the visit to the Trauma Centre, David Cunningham expressed delight in the hospital facilities, saying, "The hospital is very friendly and calm, and I look forward to the commissioning."



Dr David Cunningham, CEO of Kids Operating Room, UK (right) and Dr Mrs. Nkiru Obi, Vice President, Smile Train, Africa (left) with the CMD, Prof. Bissallah Ekele during their advocacy visit.

DIABETIC AND ENDOCRINE CENTRE HOLDS SEMINAR ON NEED FOR TAX ON SUGAR-SWEETENED BEVERAGES IN NIGERIA

On July 20, 2023, the Diabetes and Endocrine Center of the UATH held a seminar on the need for taxation on sugary sweetened beverages in Nigeria.

Speaking at the occasion, the Guest Speaker, Professor Felicia Anumah, who is the Director of the Diabetes and Endocrine Center at UATH, said the purpose of the seminar was to enlighten people, both adults and adolescents, on the risk of high intake of sugar.

According to Professor Felicia Anumah, the high consumption of sugary beverages results in a rapid rise in obesity and diet-related chronic diseases worldwide.

She further stated that according to the WHO report 2022, "more than one billion people have obesity, which includes adults, adolescents, and children younger than five years, and obesity is linked to 30–53% of new cases of diabetes. Worldwide, about 537 million people will have diabetes in 2045."

Professor Anumah explained that the sugar-sweetened beverage tax policy is an anti-diabetes policy and advised that instead of consuming sugar-sweetened beverages, they can be replaced by taking fruits, vegetables, and water for healthy living.

Responding to questions, Mrs.

Omi, representative of the Civil Society Organization (CSOS), said, National Action on Sugar Reduction [NASR] is a Coalition of Civil Society Organizations [CSOS] advocating for policy measures to address the health risk of consuming sugar-sweetened beverages [SSBs]. The C.M.D. Professor B. Ekele, who was represented by the CMAC, Dr. Bob Ukonu, commended the organization for the initiative and called for the implementation of tax on sugary products to help reduce diabetes and obesity in the country.



Professor Felicia Anumah speaking during the seminar

IMPACT ASSESSMENT OF THE MATERNITY CENTRE PROJECT AFTER HANDOVER AND CHEQUE PRESENTATION

On July 5, 2023, a team of officials from Nigeria LNG Limited (NLNG) were at the University of Abuja Teaching Hospital (UATH) as a follow-up to assess the newly inaugurated Maternity Center that was commissioned on November 18, 2022.

Receiving the team, the Chief Medical Director, Prof. B.A. Ekele, commended them for the visit and for keeping to their promise of donating one

million naira (N1,000,000=00) to the first baby of the year in 2023.

In a remark, the representative of the sponsors, Mrs. Fatima Adanna, the Director of Finance at NLNG Limited, expressed delight that the Maternity Center was in use and thanked the Management for making optimal use of the Centre.

The cheque for one million naira was presented to the parents of the baby Mabella

Godwin by the Director of Finance at NLNG Limited, Mrs. Fatima Adanna.

Speaking on behalf of the family, the father, Mr. Godwin Obaje, commended the Management of the hospital and the Nigeria LNG Limited for the gesture.



Cross section of NLNG Limited representatives with the parents of the “First Baby of the Year”, Mr. and Mrs. Godwin Obaje and UATH Top Management Team.

UATH CALLS FOR FREE CANCER SCREENING FOR CHILDREN AND SUBSIDISED TREATMENT

The Chief Medical Director of UATH, Prof. Bissallah Ekele, who was represented by Dr. Uduak Offiong, Consultant Paediatric Oncologist, made the call at the weekend, during a sensitisation road walk to sensitise FCT residents on the need for early diagnosis, accessible treatment and political will to support children with the disease, courtesy of Okapi Children Cancer Foundation. She noted that the high cost of cancer treatment, cultural, religious and social beliefs are factors that impede treatment and cure for the various diseases. The oncologist also stressed the need for awareness creation on signs and symptoms of cancer, as well as importance of early diagnosis and treatment.

She listed some childhood cancer symptoms to include unusual lump or swelling, sudden unexplained weight loss, unexplained paleness and loss of energy, frequent headaches offer with vomiting and others.

The Foundation's Chief Volunteer, Ms Kemi Adekanye, said the seventh annual event was to galvanise action from the government, policy makers



Dr. Uduak Offiong, Consultant Paediatric Oncologist granting an interview during the Okapi Children Cancer Foundation annual walk.

and other stakeholders to support children with cancer.

Adekanye, said the theme: “Steps to Survival” drew experts to educate the public on some signs and symptoms of childhood cancer. According to her, the organisation has been supporting the treatment and care to children with cancer, especially those from less-privileged families in the FCT and other rural areas.

Mrs Titilayo Adewunmi, parent of a cancer survivor said: “my son had cancer when he was barely six years old. But with support from this foundation, we have been able to access treatment and care. He is now cancer free and is doing well academically as he is now in secondary school.”

Adewunmi, who spoke on behalf of other parents, guardians and survivors of childhood cancer, expressed appreciation to the foundation for its financial, psycho-social, educational and economy supports.

Similarly, Dr Ezie Patrick, Medical Director, Silver Cross Hospital, encouraged people to engage in regular medical checkup to ascertain their health status. He also called on the government to subsidise cancer treatment for citizens suffering from cancer disease.

The Information Unit, UATH, reports that Okapi Children Cancer Foundation, a Non-Governmental Organisation (NGO) led the walk in Abuja, while other activities included free medical screening and drugs for HIV, Hepatitis, sugar level, blood pressure and others.



Cross section of UATH staff during the Okapi Children Cancer Foundation annual walk.

UATH CELEBRATES 2023 WORLD BREASTFEEDING WEEK

World Breastfeeding Week is commemorated annually from August 1st–7th worldwide.

The University of Abuja Teaching Hospital Chapter held the event on 2nd of August, 2023 at the hospital canteen.

The celebration began with a visit to the infant's clinic at the Community Medicine Department [Immunization Unit].

Afterwards, a road walk was taken to the Paediatric and

Antenatal unit, where the senior registrar, Dr. Anna Lawal, admonished the mothers to feed their babies exclusively for 6 months up until 2 years and beyond.

The chairman of the Dietitian Association of Nigeria, Mrs. Jane Anyawu, welcomed the mothers and other guests, encouraged the mothers to breast-feed their babies with love and charisma, and advised them to take more fruits, liquids, and vegetables.

Highlights of the occasion were

the baby show, which was done taking into consideration the weight and height of the baby, which were measured, and the mother, who was also assessed during the event. All mothers who participated are practicing exclusive breast feeding.

The HOD of Nutrition and Dietetics, Mr. Joshua Chijioke, encouraged fathers to support and encourage their women in exclusive breastfeeding and try to avoid unwanted pregnancies.



Staff of the Dept of Paediatrics during the World Breastfeeding Week

DONORS AND HOSPITAL SUPPORTERS FOR THE THIRD QUARTER 2023

Management sincerely appreciates the generosity of the following individuals/ organizations for their kind donations/ support toward our patients and the hospital.

S/N	NAME OF ORGANIZATION	DONATION (S)
1	Medecines Sans Frontieres	52,656.55 Euros.
2	National Centre for Disease Control, headquarters, Abuja	Supply of Lassa Fever Commodities to the hospital.
3	Leotetra Healthcare Limited	400 pks of Simlo 5 (Losartan 50mg + Amlodipine 5mg) worth N32,000
4	Umar Nijjda Foundation	Donation of over N2 million Naira to indigent patients
5	Lady Helen Child Health Foundation	N10,000 for indigent patient.
6	Prof. Stephen Obaro, President, International Foundation Against Infectious Diseases in Nigeria (IFAIN)	One Projector (Acer Project Model: ASV1904). 4 Samsung Galaxy Tabloids - A7 Lite qw21
7	M/S Custcommodities WEST AFRICA	1. Hand Held Pulse Oximeter- Quantity- 60 2. 10 L Concentrator - 26 3. Oxygen Regulators-40 4. Flow Meter Splitter-158 5. Nasal Cannulas Adult- 200 Pcs
8	Nigeria IDP Diaspora Support (NIDS) Group	Two cartons of Surgical scrubs and some medical consumables
9	A member of UATH MDCAN	Renovation of a portion of House Officers Quarters

We pray that Almighty God strengthens and reward them a thousand folds. Amen!

UATH CELEBRATES 2023 WORLD SICKLE CELL DAY

The Management of the University of Abuja Teaching Hospital, in collaboration with the Paediatric Sickle Cell Support Initiative of Nigeria, UATH Branch, celebrated 2023 World Sickle Cell Day at the Paediatric Out-Patient Department with the theme "That All May Live a Longer and Happier Life" on June 19, 2023.

This auspicious event commenced with a sensitization walk to the Administrative Block, where the Head of Department, Nursing, Dr. Lydia Chukwu, on behalf of the Chief Medical Director, Prof. Bissallah Ekele, appreciated everyone for attending to show the world what it means to stand and support the



Paediatric Department celebrating the World Sickle Cell Day

leaders of tomorrow. She reiterated to the children and parents the importance of adhering to all the clinic rules by keeping appointment dates for check-ups and always taking their routine drugs appropriately. In his remarks, the Chairman

of the Paediatric Sickle Cell Support Initiative of Nigeria UATH Branch, Pastor Stephen Adeshina, thanked Management for their deep benevolence to their wards over the years, which has greatly helped to stabilize the children from frequent crises. Other highlights of the event were the sensitization around the hospital premises to create awareness of the need to carry out genotype tests before marriage and extra care for those living with sickle cell disease.

The participants also visited the Paediatric Medical Ward, Laboratory, and Emergency Paediatric Units to appreciate the doctors, nurses, and patients in the wards.



Children Celebrating the World Sickle Cell Day with the Department of Paediatric

SERVICOM COMMITTEE RECONSTITUTED

In a bid to improve and provide qualitative care to teeming patients, the Management of the University of Abuja Teaching Hospital Gwagwalada inaugurated its new SERVICOM Management Team on Thursday, July 20, 2023.

The Chief Medical Director, Prof. Bissallah Ekele, in his address of welcome congratulated members of the committee and stated that SERVICOM committee was reconstituted for more effective service delivery. He wished them the very best in moving the unit forward.

The new committee members include:

1. Dr. Anthony Bawa
- Nodal Officer
 2. Titilayo Ajiboye
- Data Desk Officer
 3. Habu Sulai
- Complaints Desk Officer
 4. David Daniel
- Service Improvement Desk Officer
 5. Nurse Rasaki Abbas
- Charter Desk Officer
 6. Simon Yohanna - Member
 7. Oluwakemi Barau - Member
 8. Tijiani Monday - Member
- Top Management staff present at the inauguration ceremony included the Director of

Administration, Mrs. Modupe Adebajo, CMAC, Dr. Bob Ukonu, the Director of Nursing, Dr. Lydia Chukwu, and the PRO, Mr. Sani Suleiman, who all gave congratulatory remarks and enjoined them to work hard as a team for improved services in the hospital.

The Chairman of the committee, Dr. Anthony Bawa, thanked the hospital management in his acceptance speech for the honour and trust reposed in the team to serve and promised to work hard to change the narrative.



Group photograph of the newly reconstituted SERVICOM committee with the Chairman, Dr. Anthony Bawa seated 2nd from left.

WORLD HEPATITIS DAY 2023

Globally, World Hepatitis Day is celebrated annually on July 28. The University of Abuja Teaching Hospital Gastroenterology Unit, in conjunction with Livolin Forte, marked World Hepatitis Day on August 1, 2023, at the hospital canteen.

The theme for this year's World Hepatitis Day is "Take Action, Get Tested." To celebrate this year's hepatitis day 2023, educating awareness and free screening were organized for members of the public at the teaching hospital.

The Acting Head of the Gastroenterology Unit, Dr. Abdulkareem Lukeman, was represented by a Senior Registrar in the unit, Dr. Meliga Lawrence. He disclosed that early screening is integral to the management of hepatitis B. Hepatitis B is 100% more infectious than HIV. It is cheaper to manage and has no cure because it is found in the DNA, he remarked.

Hepatitis B can develop liver cancer on its own, unlike other variants. Alcoholic liver cirrhosis is a notorious etiology of liver disease and cancer.

Some of the predisposing factors are excessive consumption of alcohol, herbal concoctions, and aflatoxins found in groundnuts. Hepatitis B is spread by body fluids, blood transfusions, and the sharing of sharp objects. Hepatitis B has a cure, but it is expensive to get a vaccine and easier to detect.

In his conclusion, Dr. Meliga applauded the Management for putting the right facilities and manpower in place in the Gastroenterology Unit. After the health talk, there was free hepatitis screening.



UATH Gastroenterology Unit Celebrating World Hepatitis Day

WORLD SIGHT DAY 2023



**YOUR EYES
AT WORK**

The Department of Ophthalmology of the University of Abuja Teaching Hospital celebrated the World Sight Day, 2023 in a grand style by providing a 3-day free eye screening to UATH staff from Wednesday 11th to Friday 13th, October 2023 at the

Aisha Buhari Trauma Centre. The World Sight Day is an annual program that takes place every 2nd Thursday of the month of October.

The Chief Resident of the Department, Dr. David Ojeba stated that "It's a time marked to raise awareness about eye health

and the achievements made in eye sector; we use the opportunity to screen people for both preventable and treatable causes of visual impairment and blindness".

The theme for this years World Sight Day 2023 is Love Your Eyes at Work!



A Staff being screened during the 2023 World Sight Day celebrations.

PHOTO NEWS



The CMD, Prof B. A. Ekele and the Vice Chancellor, Veritas University, Bwari-Abuja, Professor H. E. Ichoku after the Signing the MoU between both Institutions.



Dr (Mrs.) Lydia Chukwu, Head of Nursing Department handing over to Mrs. Rose Musa after her retirement from service.



Barr. Jonathan Muru of the Legal Unit handing over to Barr. Olabiyi Sosanwo after his retirement from service.

PHOTO NEWS



Engr. Mangut Bala
of the Works & Engineering
Department (2nd from right)
handing over to
Builder Dolapo Osodin (middle)
after his retirement
from service



Cross-Section of Consultants
at the July Update Meeting
with Management



Accreditation visit from
the West African College
of Physician to the
Internal Medicine Department
of the Hospital.

PHOTO NEWS



Prof. Stephen Obaro (2nd left) and his team paid a courtesy visit to the CMD, Prof. B. Ekele.



CMD and CMAC, Presenting the Projector and Tabloids Donated by Prof. Steven Obaro, (Founder, IFAIN) to Prof. Uche Agumadu, HOD, Paediatrics Department.



The Parents of the "2023 First Baby of the Year", Mr. and Mrs. Godwin Obaje with the cheque donated by NLNG Limited.

PHOTO NEWS



OKAPI Children Cancer Foundation representatives with the CMAC, Dr. Bob Ukonu during their Courtesy Visit.



Dr. Danley Joseph (left) from FMCD with the Director of Finance and Account, Mrs. Nneoma Agulanna at the Leadership Training for Top Management Committee members.



Professor Terna Yawe, Past President WACS and Dr Nkiru Obi, Vice President, Smile Train, Africa at the Trauma Centre Theatre Suite to be Equipped by KidsOR and Smile Train.

PHOTO NEWS



UNIABUJA Medical Student's Alumni Presenting a Gift to the CMD, Prof. B. Ekele.



Umar Nijjda Foundation Representatives During their Visit to the Hospital.



Umar Nijjda Foundation Donating Cash Gifts to Indigent Patients.

PHOTO NEWS



UATH Department of Paediatrics Celebrating World Sickle Cell Day.



The CMD, Prof. Bissallah Ekele (middle) with Senior Staff of Zenith Bank.



Mr. Monday Adama (right) of Crown Security receiving a gift from the Chief Security Officer, Major Aliyu Usman (left) as Best Admin Security during Crown Day Celebration

PHOTO NEWS



From left to right:
CMAC, Dr Bob Ukonu;
HOD Procurement,
Mrs. Eunice Swam;
CMD, Prof. Bissallah Ekele;
Outgoing Head of Legal Unit,
Barr. Jonathan Muru and
Incoming Acting Head of
Legal Unit,
Barr. Olabiyi Sosanwo.



Cross section of MDCAN UATH
branch members during
their Annual General Meeting



Set 26, School of Post
Basic Critical Care Nursing,
UATH in a Group Photograph
with the Top Management
Committee members on
the 21st of September 2023.

PHOTO NEWS



Participants during the Tax on Sugar-Sweetened Beverages Seminar with the placards.



UATH Public Relation Unit at the Okapi Children Cancer Foundation Annual Walk.



Participants at the Okapi Children Cancer Foundation Annual Walk.

PHOTO NEWS



CMD, CMAC and Mr Wale of JNCI in a group photograph with Ms Ritsuko Hashimoto, Project Coordinator, Marubeni Protechs - the Japanese Company commissioned to supply our CT Scan machine.



Training of Staff on Tissue Typing at the Research Molecular Laboratory.



Laboratory Physicians and Scientists at the Tissue Typing Training.

PHOTO NEWS



JUST ARRIVED:
Tissue Typing Equipment
at the Research Molecular
Laboratory, UATH/Uniabuja
Collaboration.



JUST ARRIVED:
The newly acquired
Neurosurgical Operating
Microscope at the
Aisha Muhammadu Buhari
Trauma Center.



JUST ARRIVED:
The newly acquired
850KVA Generator
for the Hospital.

PHOTO NEWS



The newly equipped Pediatric Surgery Theatre Suite by KidsOR and Smile Train at the Aisha Buhari Trauma Center.



Training at the Paediatrics Surgery Theatre Suite Equipped by KidsOR and Smile Train at the Aisha Buhari Trauma Centre.



Consultants Car Park @ MDCAN Secretariat UATH

PHOTO NEWS



Director of Administration,
Mrs Khadijat Adebajo
@ Management Meeting
with Consultants.



Professor Williams Ogala,
making his remarks
@ Management Meeting
with Consultants.



Chairman, MAC,
Dr Bob Ukonu,
Presenting a Gift from
Staff in the Department
of Anaesthesia to
Deputy Director Arauna

SOCIAL DIARY



Dr Atim Terzulum, a Registrar in the Department of Radiology tied the Nuptial Knot on the 27th May, 2023



Dr Haruna Envuluanza, a Registrar in the Department of Ophthalmology tied the Nuptial Knot on the 20th May, 2023



Mr Isa Yelwa of ICT Unit wife delivered a bouncing Baby Boy on the 15th September, 2023

MOST INTELLIGENT CRIMINAL IN HISTORY



Frank William Abagnale.

Born 1948, he carried out his criminal activities between the ages of 16 and 21.

Within this period:

He forged his driver's license to seem ten years older, and then opened several bank accounts using different identities. In order to remove suspicion while cashing his forged checks, he decided to become a pilot.

He forged a pilot's license and an employee ID.

He forged \$2.5 million worth of bank checks across 26 countries he had flown to as a pilot.

Shortly after he stopped working as a pilot he moved to Georgia where he became a paediatrician.

He quit after he almost killed a baby.

He then moved on to work as a lawyer claiming to have graduated from Harvard.

When he was arrested in 1969 twelve countries sought his extradition.

While he was in prison he posed as an undercover inspector and this made him receive special treatments. He was able to escape from prison but was re-arrested.

He was released on parole, the condition being that he must work for the FBI. Till this day Frank still works for the FBI.

Each of those three professions he impersonated takes years before anyone could practice them.

How was he able to work as:

A doctor without going to medical school.

A lawyer without being to law school.

A pilot with no training.

No one knows how he was able to pull this off. But this can only be done by a highly intelligent criminal.

The most intelligent criminal in history is still alive today, 74 years old and he is Frank William Abagnale jr.

His life inspired a movie, Catch Me if You Can.

©Copied.

LAUGHTER IS THE BEST MEDICINE

KEEP DRIVING!!!

"A young man was driving with his Dad and they ran into a storm. The young man asked his Dad: What should I do? His Dad told him: "Keep driving." The cars began to edge, the storm was getting worse. What should I do dad? "Keep driving," his Daddy replied.

Up ahead, a Truck was pulling up as well. He said, "Dad, should I stop? It's terrible and everyone is stopping!" His Dad said, "No, keep driving!" Now the storm was stronger, but he obeyed his dad, and soon he could see a clearing ahead. After a couple of kilometres, he was again in a quiet, calm, sunny and bright area.

His Dad told him, "Now you can stop and go out." He said, "But why now?" Dad told him: "When you go out, look back, all the people who surrendered are still in the storm, you did not give up and your storm is behind you.

If you are going through "hard times". Remember even if everyone else, even the strongest stops or gives up, you keep going, because soon your storm will end and the Sun will shine again.

#Copied from DOBA Platform.



Recently, I organised a private taxi to take us to the Airport for me to see my friend who was traveling out, when we arrived at our destination, the driver gave me his business card in case I need him for future bookings, then I saw Dr before his names, (Dr Olusare Adegbagi, PhD)

Wow! I was surprised n quizzed him, "Why are you driving a taxi with such high qualification?"

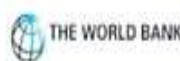
He simply replied, "Dr is the short form of Driver."

"Then what about your PhD?"

"I am a Privately-hired Driver"

(Can you imagine?

I cannot hold my laughter)!!



STOP! DIPHTHERIA

HOW TO PREVENT DIPHTHERIA



Ensure that your children are fully vaccinated against diphtheria



Visit a nearby health centre if you notice any symptoms of diphtheria



Get your vaccine if you missed it as a child



Wash hands frequently with soap under running water



Healthcare workers should maintain a high index of suspicion

If you notice any of these signs and symptoms go to the nearest Health Centre immediately or call 6232

Early reporting and treatment saves lives

NCDC
toll-free line

6232

SMS 0809955577

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