



UATH BULLETIN

A Publication of the University of Abuja Teaching Hospital, Gwagwalada - Abuja. Volume 6 No. 1, January - March, 2023

UATH CORPORATE AWARDS WINNERS

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Highlights

- ▲ **Winners Emerge for 2022 Staff Annual Awards**
- ▲ **Board Commissions More Legacy Projects**
- ▲ **World Kidney Day Celebration @ UATH**
- ▲ **UATH Hosts Advanced Glaucoma Surgery Course**
- ▲ **Management Fetes Former CMD as He Retires**
- ▲ **MHWUN Elects New Executives.**

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UATH BOARD OF MANAGEMENT (2018 – till date)

- Dr. Sam Sam Jaja - Chairman
- Professor Bissallah Ekele - CMD
- Hajia Abu Pawa
- Honorable Chigozie Ahanonu
- Honorable Bola Yusuf
- Professor Mustapha Jamda Abubakar
- Professor Felicia Anumah
- Professor Solomon Avidime
- Dr. Teddy E. Agida
- Dr. Olufunke Ajiboye
- Dr. Abubakar Ahmadu
- Dr. O. J. Amedu, mni
- Dr. Bob Ukonu
- Mrs. Khadijat Adebajo – Secretary

BULLETIN EDITORIAL BOARD

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- Dr Samuel A. Adewale - Vice Chairman
- Mr. Michael Atiga
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- Hannah Attah
- Mr. Tochukwu Okafor
- Mr. Sunday Isah
- Dr Umar Abubakar – Ex Officio I
- Prof. B. A. Ekele – Ex Officio II

From the Editorial Desk

It is three months into the year already and the first quarter of the calendar. UATH Bulletin Volume 6 No 1 is here and the editorial team has packaged this New Year Edition for your reading delight.

A little alteration has occurred in the Editorial Team with the Deputy Director Information (DDI), **Sani Suleiman** taking over as Chairman while Dr Umar Abubakar becomes Ex Officio I. On the front burner of our package is the much talked about 2022 UATH Staff Awards. Many were nominated but few were chosen! For the first time since the Award was introduced in 2018, a non-clinical staff has won the Best Staff Award just as the Department of Pharmacy won the coveted Best Department of the Year. Other winners are on display on the Photo Album including the seven corporate organizations that made the list for recognition this year!

The Board of Management commissioned more legacy projects during the last Board meeting (Dec. 2022) that include the new Composite Pathology Laboratory and the re-acquired, renovated and renamed **Aisha Muhammadu Buhari Trauma Centre**. Within the period under review, the Hospital hosted an accreditation team of the Faculty of Orthopaedics, West African College of Surgeons and an Accreditation Team for training in Surgical Oncology while the Department of Ophthalmology had a training workshop on Glaucoma Surgery that was organized by the International Centre for Eye Health and the Glaucoma Society of Nigeria. The Hospital also celebrated the traditional First Baby of the Year; the delivery of the first set of IVF babies; the World Kidney Day and commissioned the Patients' Bill of Rights with pictures of the events in full colour!

The Board Chairman, Dr Sam Sam Jaja was the Chief Host at Port Harcourt when his son (Charles) tied the nuptial knot, an event that the



Hospital was properly represented. We say congratulations to the couple and all our staff that wedded within the period! This edition has also captured the Send-forth dinner that was organised by Management to honour the retirement of the immediate past Chief Medical Director, Dr Peter Alabi. The interview with the current Chief Medical Director Prof B. A. Ekele on developmental and related issues is reproduced in the Bulletin along with the report of the election of Medical and Health Workers Union of Nigeria (MHWUN), UATH chapter that culminated to the re-election of Comrade Stephene Oricha as Chairman. We also have the other regular features like Guest Columnist, Grants and Donations, Laughter is the Best Medicine, Jokes, Words on Marble, Social Diary, etc. On a sad note, we wish to console the immediate family and friends of late **Mrs Faith Chinyere Yakubu**, of the Nursing Department that passed on to glory on December 24, 2022. Stop press: we have just learnt of the demise of **CNO Oyewole Suraju Komolafe** which sad event occurred on 24th March 2023. May their souls continue to rest in peace. Amen.

Relax as you enjoy this exciting package full of colourful pictures and short takes that can easily induce laughter – the best medicine. Happy New Year!

GOING TO A NURSING HOME!

I'm going to a nursing home. I have to! When you are no longer able to take care of yourself, your children are busy at work and have to take care of their own children and no one

has the time to take care of you, this seems to be the only way out. Nursing home, here I come!

The nursing home is in good condition, with clean single

rooms equipped with simple and practical electrical appliances. All kinds of entertainment facilities are also available on site, the food is fairly delicious.



My pension is barely able to support this. But I have my own house. If I sell it, then money is not a problem. I can spend it on retirement, and the rest will be left as an inheritance for my son. He understands very well and said to me: "your money and your property should be enjoyed by you, don't worry about us."

Now that I have to consider preparing to go to a nursing home, I look around my house filled with suitcases, boxes, bags, cabinets, and drawers containing all kinds of necessities, frivolities, and excesses. There are whimsical purchases, art collections, all sorts of clothing, expensive beddings, exclusive silver cutlery and gold accentuated dining sets.

I look at this huge collection of things and I'm deeply worried and sad in equal measure. The nursing home has only one room with a cabinet, a table, a bed, a sofa, a refrigerator, a washing machine, a TV, an induction cooker and a microwave oven -- all the things I will really need.

There is no place to store the wealth and whimsies that I have accumulated throughout my life.

At this moment, I suddenly feel that my so-called wealth is superfluous and it doesn't belong to me. It actually belongs to no one. The "wealth" I claimed as my own was only passing by. Now, it is no longer mine and these items will pass on to someone else or to

The nursing home is in good condition, with clean single rooms equipped with simple and practical electrical appliances. All kinds of entertainment facilities are available on site, the food is fairly delicious.

somewhere else until they wear out or are destroyed.

Even the house I laboured, sweated and saved to build will not remember me. The next owners will have no idea who I am and what it meant to me. I will be no more than a shadow in the garden as they eat from the apple tree I planted and enjoy the luminous flowers I planted in "my garden" of serenity. Oh! What a fool I have been! I should have focused on enjoying my time here rather than constantly tinkering and labouring!

I really want to donate the things in my house, but I can't get it done. To deal with it has now become a problem. Very few youngsters will value what I have collected. It's old junk to them. I can imagine what it will be like when my children and grandchildren face these painstakingly accumulated treasures. The clothes and bedding will be thrown away;

dozens of precious photos will be destroyed; books will be sold as scrap. The mahogany furniture is not practical and will be sold at a low price or given away.

So, I only picked a few favourite items. I only kept a set of pots and pans for kitchen supplies; a few books that are worth reading; a handful of teapots for tea. I took along my ID card, senior citizen certificate, health insurance card, household register and of course a bank card. Enough! I bid farewell to my neighbours. I knelt down at the door and bowed three times and gave this home back to the world.

Yes! In life, you can only sleep in one bed, live in one room. Any more of it is merely for watching and playing! Having lived a lifetime, people finally understand: we don't really need much. Don't be shackled by superfluous things to be happy! It's ridiculous to compete for prominence and fortune. Life is no more than one bed, one set of clothing and one meal at a time. You may have ten million of these items but you can only use one at a time!

People over 50 years old, should be careful about how to spend the remainder of the journey on earth. Let us not go for fantasies, baggages and accumulation of things that can't be eaten, worn or used every day. Be healthy and be happy until you are called home!

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BOARD CONGRATULATES THE 2022 STAFF AWARDEES

The UATH Board of Management has rewarded fifty-nine (59) staff and seven organizations for excellent performance and contributing positively to the growth and development of the hospital. In a ceremony held at the ICN School Auditorium on the 20th December, 2022. Prof. B. A. Ekele, the Chief Medical Director said in his welcome address that the tradition to reward staff for hardwork and dedication is aimed at encouraging workers to give their best to the institution.

The Board Chairman, Dr. Sam Sam Jaja, congratulated the recipients and said it was to motivate staff in carrying out their duties'. Dr. Jaja encouraged the winners to do more for the hospital in the coming years. He also commended the Aguma of Gwagwada, Alhaji

Muhammadu Magaji, for his support in ensuring peaceful co-existence between the community and hospital staff.

Also in attendance at the event were the former Chief Medical Directors of the Hospital, Dr Danjuma Sulai; Dr Nandul Durfa; Dr Peter Alabi; a former Acting Chief Medical Director, Dr Titus Ameh and members of the Board.

The 2022 staff award was the fifth in the series. Dr Nimfa Zwalbong (Director, Finance and Accounts) won the Best Staff of the Year, while the Department of Pharmacy was adjudged the Best Department of the Year. Seven organizations were specially recognized for their support to the Hospital.

Responding on behalf of the seven organizations, the representative of First Ladies Against Cancer (FLAC) expressed appreciation to the

Board for the award and promised to do more for the Hospital in the coming years.

In his response, the Best Staff of the Year, Dr Nimfa Zwalbong thanked the Board of Management and the hospital community for the opportunity to be so recognized. He appreciated the Finance and Accounts Department for providing the enabling environment and the necessary cooperation to serve and lead. He advised staff to be dedicated to their duty, adding that surely one day it will come to their turn.

Similarly, Mr. Samuel Daniel, an awardee from the Store Unit, acknowledged and thanked the Management for the honour. He expressed delight and promised to do more!



Board Chairman, Dr. Sam Sam Jaja Presenting the Plaque and Certificate of Best Staff of the Year to Dr. Nimfa Zwalbong (Director, Finance and Accounts).

UATH CELEBRATES FIRST BABY OF THE YEAR

In line with the tradition of celebrating the first delivery of the year, the UATH Management celebrated the “Baby of the year 2023” in a brief ceremony on Tuesday, 31st January, 2023. Baby Marvella Aboje was the first baby to be delivered on 1st January, 2023 at the hospital new LNG-Maternity Centre. The Chief Medical Director, Prof. B. A. Ekele who was represented by the CMAC, Dr. Bob Ukonu congratulated Mr. and Mrs. Godwin Aboje as parents of the Baby of the year 2023. He said “God has given the family a perfect child with a

weight of 2.4kg”. Dr. Bob stated that LNG had requested the hospital to present the name of the first delivery in the new Maternity Centre possibly for another present. He prayed that baby Marvella will grow from one level of glory to the other and advised the parents to take good care of the child. Similarly, the Head of Department of Nursing Services, Dr. Lydia Chukwu congratulated the family. “The Management of the hospital always have the interest of our first baby in the facility at heart, not only that we pray for them,

we give them gifts and above all we are interested in watching them to ensure they fulfil their destiny”, she said. In commemoration of the occasion, certificate and gift items for the baby were presented to the family by the CMAC on behalf of the Management. Responding, Mr. Godwin Aboje expressed deep appreciation to the Management of UATH on behalf of the family for the gesture.



Mrs Aboje and Baby Marvella – Baby of the Year 2023

ADVANCED GLAUCOMA SURGERY COURSE



Course Coordinator, Dr. Fatima Kyari making a point to the CMD, Prof B. Ekele with Dr. Bob Ukonu and Dr. Regina Morgan in attendance

Department of Ophthalmology, University of Abuja Teaching Hospital (UATH) hosted the Advanced Glaucoma Surgery Course from Monday, 3rd January to 3rd February 2023.

The course which took place at

the Ophthalmology Wing, Aisha Muhammadu Buhari Trauma Centre, was a huge success. 23 consultant ophthalmologists from across the country and 4 trainers participated in the course.

Participants had training on advanced simulated glaucoma

surgery with video feedback, 10 live surgical demonstrations, clinical teaching, lectures and panel discussions on the diagnosis, surgical interventions and other treatment options for glaucoma.

The course was organized by the Glaucoma Society of Nigeria ably led by Dr Fatima Kyari and supported by Sight Savers International, UATH, International Centre for Eye Health, London and the Ulverscroft Foundation. The President of the Ophthalmological Society of Nigeria (OSN), Dr Abiola Oyeleye and Past President, Dr Regina Morgan were in attendance.

Reported by Dr. Rilwan C. Muhammad, HOD Ophthalmology/Course Participant.



CMD and CMAC in Group Photograph with Course Participants and Facilitators

WORLD KIDNEY DAY



Staff of Nephrology Unit on World Kidney Day

World Kidney Day is celebrated each year on the 9th of March. The theme for this year is “**Kidney Health for all**”. Nephrology Unit, University of Abuja Teaching Hospital organized a one-day road show campaign on free kidney screening which took off from University of Abuja Teaching Hospital gate at 9:00 am and proceeded to RTEAN Motor Park, and SDP junction Gwagwalada.

A Professor of Endocrinology, Prof. Felicia Anumah said kidney is a vital organ in

human body and performs several functions, while reiterating that the kidney must be protected dearly. Prof. Anumah stressed that kidney disease is caused by high blood pressure, diabetes mellitus, smoking, excess soft drinks, alcohol intake, and lack of exercise amongst others.

She said, early signs of kidney infection could be noticed when someone feels more tired, have less energy or have trouble concentrating, trouble in sleeping, have dry and itchy skin, swollen ankles and feet, blood in the urine, experience

persistent puffiness around the eyes, frequent urination at night, poor appetite, muscles cramp and excessive foamy urine.

Over 200 participants were screened of various diseases and those that had one or two issues of ill health were given drugs for the treatment or referred for further management. The participants commended the Management and medical team from University of Abuja Teaching Hospital for the free kidney screening conducted.

PROFILE OF THE BEST STAFF OF THE YEAR 2022

Dr. Zwalbong Fanzhi Nimfa (FCA) is a Chartered Accountant with Doctoral and Master's Degrees in Management with over 20 years of extensive experience conducting full financial statement audits, reviews, and full disclosure compilations audits. Strong analytical and mathematical skills with the ability to prioritize, multi-task, and meet stretched deadlines. Team player dedicated to providing valuable support to management and staff at all levels within an organization. Capable of maintaining sound business relationships with clients and has been recognized for qualitative work and adapting to changes within a challenging business environment.

Dr. Zwalbong Fanzhi Nimfa hails from Langtang North Local Government Area of Plateau State. He attended LEA Primary School Pil-Gani, Langtang North Plateau State, St. Mulumba's College Jos, Plateau State where he obtained his First School Leaving Certificate and West Africa Examination Council Certificate respectively.

He holds a National Diploma (ND), and Higher National Diploma (HND) in Accounting from Federal Polytechnic Bauchi, Bauchi State and Federal Polytechnic Nasarawa, Nasarawa State. He also holds a PGD in Management and a Master's Degree (M.Sc.) in Management both from Nile



University, Abuja where he obtained Doctor of Philosophy (PhD) in Management (Finance).

To rise to his present position of Director of Finance and Accounts, UATH, Zwalbong started his career as Drive Way Supervisor with Total Filling Station Bukuru, Jos, Plateau State from 1985-1988 before he finally picked up a career job with the Plateau State Hospital Management Board, Jos, Plateau State as Senior Clerical Officer to Principal Accountant in 2000. He was posted to General Hospital Lafia in year 1991; Hospital Accountant at General Hospital Nasarawa, Nasarawa State in year 1992; Hospital Accountant, General Hospital Keffi, Nasarawa State in year 1995; Hospital Accountant, General Hospital Barkin Ladi, Plateau State in year 1996; He was redeployed to

Plateau State Hospital Management Board Headquarters, Jos as an Accountant in-charge of Payrolls in year 1997 before joining the services of University of Abuja Teaching Hospital, Gwagwalada in the year 2000.

A member of many professional Bodies, Zwalbong is a Fellow of Institute of Chartered Accountants of Nigeria (ICAN), a Fellow of Institute of Management Consultants of Nigeria, a member of Association of National Accountants of Nigeria (ANAN).

A trained professional Accountant, the Jarumin Gani as he is popularly called in the Gani Traditional Council of Plateau State, Dr. Zwalbong attended Accounting Ethics at the Institute of Government and Accounts, India, and Total Quality Management (TQM) at ASCON, Badagry. A part-time lecturer, Plateau Polytechnic, School of Health Technology, Zawan, Jos, Dr. Zwalbong has many journal publications to his credit.

Dr. Zwalbong as the Director of Finance and Accounts is the pillar responsible for the significant increase in the Internal Generated Revenue (IGR) and the facilitator of many developmental projects that have come to the Hospital the past four years!

He is happily married and blessed with children.

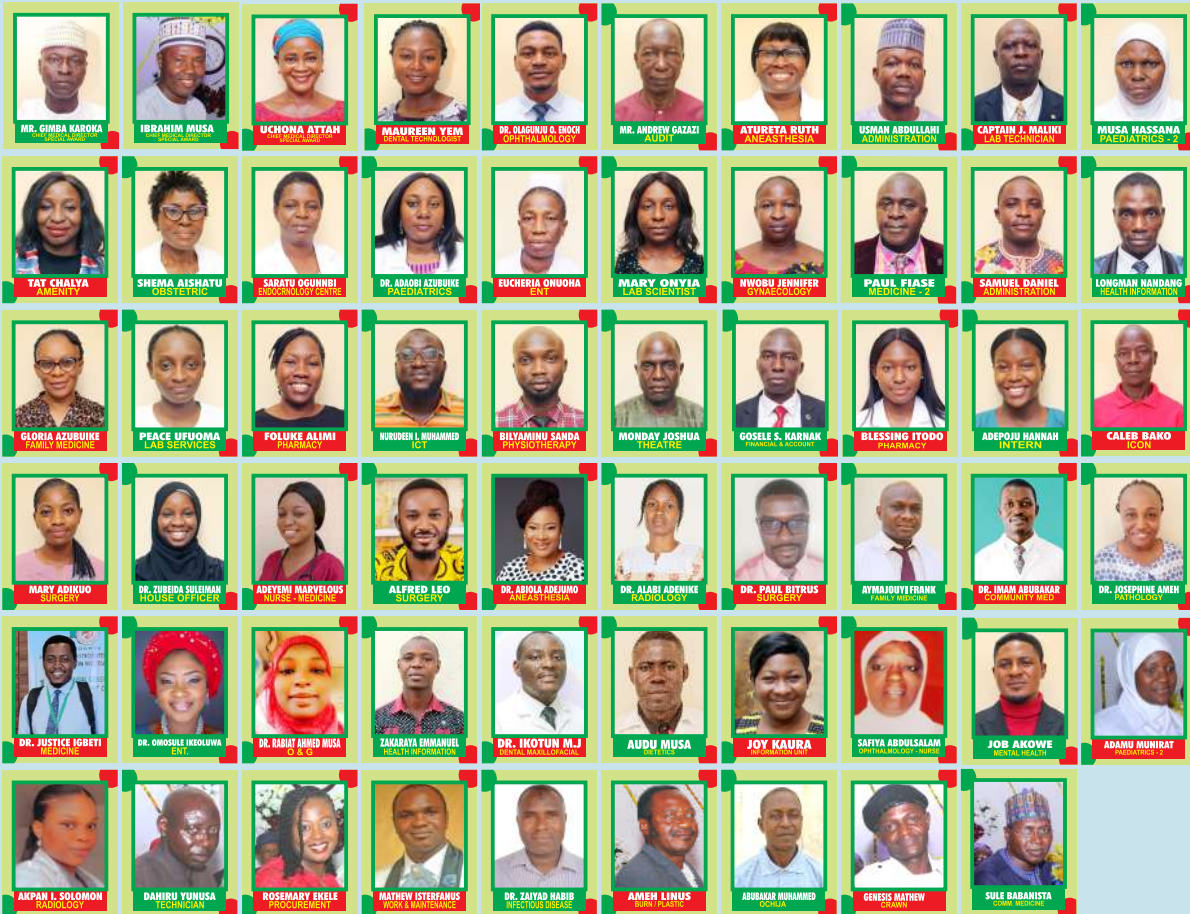
STAFF AWARD FOR THE YEAR

2022

BEST DEPARTMENT: **PHARMACY**



NIMFA ZWALBONG
BEST STAFF OF THE YEAR



UATH CORPORATE AWARD WINNERS



Winners of the 2022 UATH Staff and Corporate Awards!

RADIATION COMMITTEE INAUGURATED

A seven-man Radiation Committee for the UATH has been inaugurated. Performing the ceremony on 6th March, 2023 at the Radiology Seminar Room, the Chief Medical Director, Professor B. A. Ekele represented by the Chairman Medical Advisory Committee, Dr Bob Ukonu expressed delight that the Committee has become a reality for the interest of patients and personal health safety. He stressed the need for a coordinated interface and hoped there would be no hazard coming from the

department and its immediate environment.

Responding on behalf of the members of the Committee, the Chairman, Dr. Ibrahim Adamu Yaro of the Radiology Department said, “Radiology which cannot be seen has effect on everything and it is very important to curtail radiation hazards both to the professionals and patients”. He appealed to the Committee members to cooperate and work together since the Radiation Safety Committee was one of the requirements of teaching hospitals.

In attendance at the inauguration ceremony were the HOD of Radiology, Dr. Hadijat Kolade- Yunusa; Deputy CMAC (Clinical), Dr. Joseph Obande and other members of the Committee, which include; Mr. Ebiloma Joseph of Public Relation Unit; Dr Chukwuma Samuel, representative of Resident Doctors; Mr. Madu Ekene; Dr Ejembi Peter, Orthopaedic Department; Zakari Mohammed, Dental Department and Mr. Udugh Isaac the Secretary of the Committee.



(Seated L-R): Dr J. Obande, DCMAC; Dr H. Kolade Yunusa (HOD Radiology); Dr Bob Ukonu, CMAC; Dr Ibrahim Yaro, Chairman, Radiation Committee and other Members in a Group Photograph.

INTERVIEW WITH THE CHIEF MEDICAL DIRECTOR

Crew: CMD Sir, How would you assess the tertiary health sector in Nigeria?

CMD: Am not sure I am in the best position to speak generally on the tertiary health sector in Nigeria but using our institution - the University of Abuja Teaching Hospital Gwagwalada, as a point of reference, I will say with due respect to modesty that the Federal Government has done very well in the tertiary health sector. I say this because of the evidence available. For the past 3 years or so capital funds appropriated have been released 100% which was not the situation hitherto. And because funds are available, we've been able to improve on our infrastructure and equipment base with a view to rendering quality health care delivery.

The Federal Government response to the Covid-19 pandemic was very commendable and as you must have known, our Infectious Disease Centre (IDC) played a frontline role in the battle!

Crew: What are the major things that you can do here now that were difficult before?

CMD: Equipment wise our institution has improved significantly. Let us start with the radiological services, as we speak, we have two mobile x-ray machines that can be deployed to emergency units so as to have the investigations conducted. We have acquired two new static x-ray machines and that have also helped us in terms of service delivery. We also have a new mammography machine for screening breast disorders or tumours and we are expecting a new 128-slide CT machine. I think from the Radiological point of view the

only machine that we do not have now is an MRI machine which an organization has promised to give us before the end of the year.

Our Cardiology Unit is one of the best equipped in the country today. They do virtually everything! In terms of personnel, we have consultants in all the sub specialties including cardiothoracic surgery. With the renovated and equipped theatre suites, there is hardly no operation that we cannot currently perform.

Crew: Talking about brain drain from Nigeria, do you experience it at UATH?

CMD: The answer is Yes! For the year 2022 alone, I think we had nearly a hundred health workers that left our hospital for greener pastures. Most of them medical doctors, nurses, laboratory scientists and radiographers. And when they leave, it is not easy to replace them immediately. What we do to ensure that the system does not collapse is to ask where we can find a replacement. We start with temporary employment which we call locum employment pending when the processes of waivers are completed before we absorb them as permanent staff. The issue of brain drain is genuine, is real and is affecting the health sector seriously!

Crew: What are your major achievements as CMD of the Hospital?

CMD: We have been able to do a few major things especially the past three years under the guidance of the Board Chairman, Dr Sam Sam Jaja. Industrial harmony amongst the various health care practitioners and regular promotion exercises with prompt payment

of arrears was the first game changer that boosted the morale of staff. In terms of infrastructural developments, we first obtained the Right of Occupancy of the hospital land from the Honourable Minister of FCT (which has prevented speculators and invaders from encroaching on the land). This was immediately followed with the construction of impactful infrastructures like the New Accident and Emergency Unit (Medical A & E); Dialysis Unit; Paediatrics Oncology Ward (Lions Club); Infectious Disease Centre; Research Molecular Laboratory; Composite Pathology Laboratory; the New Hospital Entrance Gate, Maternity Centre (LNG) and the Professor Felicia Anumah Diabetic and Endocrine Centre (courtesy of First Lady, Aisha Muhammadu Buhari). Also, under construction are the Mental Health Block; Call Duty Block, Interns Housing Block and the PCR Laboratory which we hope to commission before the end of year-2023.

We have renovated and equipped many of the major clinical Departments and the Administrative Block. The hospital water system has undergone complete reticulation and we have also attained ninety percent (90%) computerization of our medical records and other activities.

As a Teaching Hospital, we spent resources and attention to the training of under graduate and post graduate programs. For instance, some sub-specialties that hitherto had partial accreditation have gotten full accreditation and we were therefore not surprised when the



Prof. Ekele (CMD) in an interview with the editorial crew.

West African College of Surgeons approved our hospital – UATH, as one of the Examination Centres for Membership and Fellowship. We expect the College of Physicians to come knocking soon! We also enjoy a robust collaboration with the University of Abuja. That excellent relationship has yielded a Kidney Transplant Centre. We shall start the

Bachelor of Nursing Science degree program this academic session and a promise to build a Medical Library within the hospital premises courtesy of TETFund!

Crew: What do you foresee in the nearest future?

CMD: We pray and hope that the current momentum of 100% release of appropriated funds to the health sector is sustained so that we can consolidate on what

we already have and add more to the infrastructure. We are also looking forward to do more on human capital development because it is not enough to have infrastructure and equipment, we need to train and retain our staff. We should be a Centre of Excellency in one of the specialties in the next 3-4 years!

Crew: Thank you very much Sir.

DONORS AND HOSPITAL SUPPORTERS FOR THE FIRST QUARTER 2023

Management sincerely appreciates the generosity of the following individuals/ organizations for their kind donations/ support toward our patients and the hospital.

S/N	NAME OF ORGANIZATION	DONATIONS
1	Bola Ahmed Tinubu's Health Initiative (BAT MEDICS)	N2,000,000 for indigent patient (a baby) on 21 st December, 2022
2	Sight savers	Ophthalmic equipment slit lamp biomicroscope valued at N1,048,000
3	Okapi Foundation	Free lunch to 150 cancer children and health workers on 17 th December, 2022
4	Lady Helen Child Health Foundation	N70,000 for two patients
5	Fidson Pharmaceutical Ltd	Renovation of the NHIS pharmacy building, smart tv, cooling system and light system.
6	Prof. Stephen K. Obaro, University of Nebraska, USA.	Medical textbooks, Journals and CDs
7	Amenity Revolving Fund Committee	N150,000=00
8	Embassy of Romania	1,000 Bedsheets and BP Equipment

COMMISSIONING OF THE PATIENTS' BILL OF RIGHTS AT UATH

The University of Abuja Teaching Hospital (UATH) has been living up to its expectation in rendering efficient and effective health care services to patients. In partnership with the Federal Competition and Consumer Protection Council (FCCPC), UATH commissioned the patients' bill of right within its premises on Wednesday, 22nd February 2023.

At the ceremony, while unveiling the plaque alongside the Executive Vice Chairman of the FCCPC, the CMD,

Professor B. A. Ekele represented by the Chairman Medical Advisory Committee, Dr. Bob Ukonu, said the hospital had grown from 350 to 550 bed capacity. He said a lot of transformation has also taken place as the Management always ensure that patients are adequately attended to.

On the Patients' Bill of Right, he said all the items have been domesticated in the hospital before now, through efficient and effective management of patients and there was no aspect of patient care that has not been attended to.

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Mr. Babatunde Irukera, Executive Vice Chairman, FCCPC, Unveiling the Patients' Bill of Rights (PBoR) at UATH.

FORMER CMD DR. PETER ALABI BOWS OUT OF SERVICE

The Board and Management of University of Abuja Teaching Hospital organized a send – off dinner in honour of a very dedicated, hardworking former Chief Medical Director, Dr. Peter Alabi. It was the first time the hospital celebrated one of its own outside the premises of the hospital and the event was witnessed by some Board Members, Top Management Committee (TMC), Heads of Departments and some very senior staff of the hospital. The event took place on 4th February, 2023 at the Treasure Suites and Conference, Central Business District, Abuja. Speaking in an interview with

newsmen during the occasion, the Chief Medical Director, University of Abuja Teaching Hospital, Professor B. A. Ekele commended Dr. Peter Alabi for his performance during his tenure as the CMD. He attested to the fact that most modern infrastructural development in the hospital and active residency training program was initiated by his predecessor.

Responding, the celebrant and former Chief Medical Director, Dr. Peter Alabi thanked the Management for putting the occasion together in his honour, saying that he least expected it. He said, “it never crossed my mind that after leaving the services of the hospital, the

Management will be gracious enough to acknowledge the modest work me and my team did during my tenure as CMD”. Dr. Alabi who stated that the driving force for his performance was “Fear of Failure” thanked God for his successor and for continuing with the work he started which has made physical development very transparent in the hospital. He added that it is rare for successors to acknowledge the good things their predecessors have done, therefore, “I am grateful to Professor Ekele for acknowledging the little work we have done”.



Prof. Ekele, Congratulating the Celebrant and Former CMD, Dr Peter Alabi.

MHWUN RE-ELECTED COMRADE STEVEN ORICHA AND HIS TEAM

Medical and Health Workers Union of Nigeria (MHWUN), University of Abuja Teaching Hospital Chapter, re-elected Comrade Steven Oricha, Chairman; Comrade Habu Sulai (Secretary); Comrade Maureen Yem (Vice Chairman); Comrade Agnes Musa (Treasurer); Comrade Yakubu Pada (Auditor) and Comrade Magaji Danson (PRO). The Union unanimously re-elected their Executives during the Branch Delegate Conference that took place on 15th of December, 2022 to serve for another 3 years' tenure. This gesture of the Union to their leaders was due to the meritorious, dedicated and transparent services rendered to their members over the years.

The Chief Medical Director, Prof. B. A. Ekele who was represented by the Chief Security Officer, Major Aliyu Usman (Rtd) appreciated the Union and acknowledged that the Union has contributed immensely to the effective health care delivery in the facility. He appealed to members to ensure that the election is free, fair and credible before he declared the delegate conference opened.

Speaking during the occasion, the FCT Council Chairman, Comrade Abubakar Shanabo appreciated God and all the invited guests who took their time to attend the Union Delegate Conference. He said leadership is ordained by Almighty God, adding that it neither by age or qualification and enjoined members to always respect people entrusted with leadership responsibilities. Comrade Shanabo commended

the Management of the hospital for their support especially in area of staff welfare and infrastructural development.

On behalf of the elected Executives, Comrade Steven Oricha accepted the responsibility and prayed that God almighty will help them to discharge this onerous responsibility. He said the honour bestowed on them shall not be betrayed with God on their side.



Mr. Stephen Oricha, Chairman, MHWUN, UATH Chapter

UATH RECORDS HER FIRST SET OF IN-VITRO FERTILIZATION (IVF) BABIES

The year 2022 ended on a good note at the University of Abuja Teaching Hospital, Gwagwalada for on the 11th and 15th of December, 2022 three women who became pregnant through the IVF technology in the hospital, were respectively delivered successfully of three bouncing babies.

In an exclusive interview by the UATH Editorial Team, the parents of one of the babies, expressed immense gratitude to the Management and the lead Surgeon, Dr Francis Adebayo and exclaimed that “our baby has

greatly brought smiles to our faces that mere words cannot express how happy we are”.

Another couple was full of gratitude and appreciated the hospital’s efforts after more than seven years of subfertility. They however expressed concern over the stressful process and the prohibitive costs which they appealed to the Management to look into for the benefit of other couples.

In an interview with Dr Francis Adebayo, a Consultant Gynaecologist and the team lead, stated that he owes the UATH Management a debt of

gratitude for making it possible to acquire the IVF skill while on a training in the United Kingdom. He also acknowledged the practical experience he acquired at Nissa Premiere Hospital where the West African College of Surgeon sent him on posting; an event that spurred him into creating awareness to women with fertility related challenges to patronize our IVF services. “And today I am happy that we have delivered”, he said.

When asked if there are challenges so far, he said “The challenge have been that of



getting to inseminate with sperm, and when not properly handled can hinder next stage of development.”

Another challenge he stated is that “IVF requires more time and

dedication and there is a need to have a 100% full-fledged IVF Unit instead of liaising with sister facilities in getting it done and this will significantly reduce cost and movement from one

centre to another”.

Dr Adebayo advised couples interested in having IVF babies to ‘come early while they are still young for help’.

CONFLICT RESOLUTION

By Dr. L. N. Chukwu



Conflict is a healthy part of human relationship. Most of us have phobia for conflict. When conflict occurs, it leads to:

- Heated argument
- Physical/verbal abuse
- Loss of peace
- Pandemonium
- Loss of harmony/unity
- Dysfunctional activities

Conflict is defined as a struggle, clash or disagreement between individuals as a result of difference in thoughts, opinion, beliefs, attitudes, understanding, interest, perceptions or even principles. Conflict resolution means people are actively negotiating their needs and expectations with each other. Conflict resolution is a communication skill, therefore always communicate with colleagues,

patients and their relations as well as the management.

As a health care professional you need the mastering of conflict management skills and conflict resolution strategies to navigate unavoidable challenges. Conflict resolution is a process where two or more parties work together to resolve a dispute in a productive manner.

Resolving conflict is often difficult because people don't like to be wrong.

TYPES OF CONFLICT

- Inter-personal: Conflict with others
- Intra-personal: Conflict with self
- Task oriented conflict
- Relationship value conflict

STRATEGIES FOR CONFLICT RESOLUTION:

- Interview and Active listening: Be attentive to what the individual has to say. Accurately read another person's body language.
- Emotional intelligence: Ability to perceive other persons emotion as well as your own.
- Be patient: Keep in mind you may not be able to solve the problem right away.
- Be impartial in your intervention
- Be positive in your actions
- Open communication build trust and confidence.

HEADACHE & TESTICLES

Joe had suffered from really bad headaches for the last 20 years. He eventually decides to go and see a doctor. The Doctor says, 'Joe, the good news is I can cure your headaches. The bad news is that it will require removing your testicles. You have a very rare condition, which causes your testicles to press on your spine and the pressure creates one hell of a headache. The only way to relieve the pressure is to remove the testicles.' Joe is shocked and depressed. He wondered if he had anything to live for. He had no choice but to go under the knife. The surgery cost him £15,000.

When he left the hospital, he was without a headache for the first time in 20 years, but he felt like he was missing an important part of himself. As he walked down the street, he realized that he felt like a different person. He could make a new beginning and live a new life. He saw a Men's clothing store and thought, 'That's what I need... A new Suit.' He entered the shop and told the salesman, 'I'd like a new Suit.' The elderly Tailor eyed him briefly and said, 'Let's see... size 44 would fit fine. Joe laughed, 'That's right, how did you know?' 'Been in the business 60 years sir!' the tailor said. Joe tried on the suit

it fitted perfectly.

As Joe admired himself in the mirror, the salesman asked, 'How about a new shirt?' Joe thought for a moment and then said, 'Sure.' The salesman eyed Joe and said, 'Let's see, 34 sleeves and 16-1/2 neck.' Joe was surprised, 'That's right, how did you know?' 'Been in the business 60 years sir.' Joe tried the shirt and it fitted perfectly.

Joe walked comfortably around the shop and the salesman asked, 'How about some new Underwear?' Joe

thought for a moment and said, 'Sure.' The salesman said, 'Let's see.... size 36. Joe laughed, 'Ah ha! You got it wrong this time! I've worn size 34 since I was 18 years old..' The salesman shook his head, 'You can't wear a size 34 sir. A size 34 would press your Testicles up against the base of your spine and give you hell of a Headache.'

Surgery - £15000
New underwear - £6

Second Opinion - Priceless!!!

Always take second opinion before accepting some decisions. Your decision might not be reversible!

TESTIFY OR TESTICLES



"In old Roman Courts, instead of taking oath on the sacred books, men used to swear holding their testicles.
Hence the word 'testify' originated from 'testicles'.
If proved false, the testes of liars were cut & fed to the dogs tied nearby.
(This punitive action could be very effective even today, especially for many politicians in power !!!)

ACCREDITATION



Certificate of Full Accreditation for General Medicine (NPMCN)



Certificate of Full Accreditation for Dermatology (NPMCN)

PHOTO GALLERY



Former Chief Medical Director, Dr. Danjuma Sulai giving a remark at the 2022 Staff Award Day



Former Chief Medical Director, Dr. Nadul Durfa giving a remark at the 2022 Staff Award Day



The immediate Past Chief Medical Director, Dr. Peter Alabi giving a remark at the 2022 Staff Award Day



Dr Godwin Akaba, SERVICOM Nodal Officer, Coordinating Activities at the 2022 Staff Award Ceremony

PHOTO GALLERY



**Dr. Abubakar Ahmadu,
Board Member,
Presenting the Certificate
of Award to one of
the Recipients**



**Professor Solomon Avidemi,
Board Member,
Presenting a Certificate
of Award to one of
the Recipients.**



**Hajia Abu Pawa
Presenting Presenting the
Award of the
Best House Officer
to Dr. Zubeida Suleiman**



**Honorable Ahanonu
Presenting Award to
one of the
2022 Recipients**

PHOTO GALLERY



Director of Administration,
Mrs Khadijat Adebajo,
Presenting the Award of the
Best Staff in Procurement Unit
to Rosemary Ekele.



Pharm Muhammad Garba,
HOD Pharmacy,
Receiving the Best
Department Plaque
from the CMD,
Prof Ekele,
at the 2022 Staff Award



Former CMDs and
Members of the UATH
5th Board of Management
in a Group Photograph at the
2022 Staff Award Ceremony.



Surgical Oncology
Accreditation Team
Visit to UATH Led by
Dr Nanji Suleiman
(Seated 3rd Left) and
Prof. Yawe Terna (2nd Left).

PHOTO GALLERY



Ambassador of Romania,
HE Florin Talapan (3rd Left)
Visit to Donate Medical
Items to UATH



Orthopaedic
Department
Accreditation Team
from West African
College of Surgeons
with the CMD, Prof.
Ekele (middle)



Board Chairman,
Dr Sam Sam Jaja;
Dr O. J. Amedu, mni
and other Members
at the Commissioning of
the Composite
Pathology Laboratory



The New
Composite
Pathology Laboratory

PHOTO GALLERY



Faculty of Orthopedics,
WACS, Accreditation
Team Leader,
Dr O. A. Adewole in
a Handshake with
the CMD, Prof B. A. Ekele.



UATH and
FCCPC
Representatives
During the
Commissioning
of PBOR



Representatives
of the Tinubu Health
Initiative with the
Benefactor and
Staff of UATH



Team for the Scale-up
Newborn Screening
for Sickle Cell Disease
in PHCs in the FCT

PHOTO GALLERY



Dr. Peter Alabi and Family
at the Send-forth Dinner
Organized by
UATH Management.



Professor EJC Nwanna
and Professor Terna Yawe
at the Send-forth Dinner
in Honour of
Dr. Peter Alabi



Some Guests at the
Former CMD, Dr Peter Alabi
Send-forth Dinner



Board Commissioning
of the Re-acquired,
Renovated, Renamed,
Aisha Muhammadu Buhari
Trauma Centre

PHOTO GALLERY



Dr. Adekola Olomo,
FWACS, @ Lome, Togo,
2023 WACS Induction
Ceremony

SOCIAL DIARY



Charles Sam Jaja and wife @ the Port Harcourt Wedding



Board Members at Dr. Sam Sam Jaja son's (Charles) Wedding



Nurse Sulai Musa's daughter, Miss Sarah Sulai weds
Mr. Igba Adejo Daniel on 4th February, 2023.



Dr. Samuel Agada of Emergency Medicine Department
welcomed a baby boy on 4th February, 2023

SOCIAL DIARY



Dr Ayomide Ogunsanya of Family Dentistry Department with their new born baby boy on 25th December, 2022



The baby of Dr. Raymond Onovo of Community Medicine Department born on 6th January 2023.



Director of Nursing Services, Dr (Mrs). Lydia Chukwu receiving Excellence in Leadership Award on 16th of December, 2022



Nurse Usman Monday Ardo (and 2 other staff) at IVEP Center, Irrua Specialist Hospital for a Training Course



Mr. Matthew Istifanus of Works and Engineering Department weds his heartthrob on 27th December, 2022.




Mr. Nuhu Daniel in Security Unit weds his heartthrob on 10th of December, 2022



Mr. John Francis, Admin Department and wife named their baby boy on the 18th Nov 2022

OBITUARY

GONE BUT LIVES ON IN OUR HEARTS



Call to
Glory
late
**FAITH CHINYERE
YAKUBU**
December 8, 1977 - December 24, 2022

AGED 45

FUNERAL ARRANGEMENTS
Thursday 29th, December 2022
4:00pm-5:30pm-Service of Songs @ Hospital Chapel UATH,
Gwagwalada

Friday 30th, December 2022
10:00am- Funeral Service at the CAN Burial Ground
Compensation Layout, Kutunku
Interment immediately after Service



NAME: LATE OYEWOLE SURAJU KOLAWOLE
RANK: CHIEF NURSING OFFICER
DIED: 24TH MARCH, 2023
AGED: 58 YEARS.

THE HYPOCRITICAL WORLD

We cry for the dead and keep malice with the living, then envy the successful and avoid the broke ones. What an interesting life we live!



LAUGHTER IS THE BEST MEDICINE

This boy had a habit of putting his thumb in his mouth. So his parents gave a loose trouser. Problem solved.





PATIENTS' BILL OF RIGHTS (PBoR)



- 1. Right to relevant information in a language and manner that the patient understands, including diagnosis, treatment, other procedures and possible outcomes.**
- 2. Right to timely access to detailed and accurate medical records and available services.**
- 3. Right to transparent billing and full disclosure of costs including recommended treatment plans.**
- 4. Right to privacy and confidentiality of medical records and condition.**
- 5. Right to clean, safe and secure healthcare environment**
- 6. Right to be treated with respect, regardless of gender, race, religion, ethnicity, allegations of crime, disability or economic circumstances.**
- 7. Right to receive urgent, immediate and sufficient intervention and care in the event of emergency.**
- 8. Right to reasonable visitation in accordance with prevailing rules and regulations.**
- 9. Right to decline care, subject to prevailing laws and upon full disclosure of the consequences of such a decision.**
- 10. Right to decline or consent to participation in medical research, experimental procedures or clinical trials.**
- 11. Right to quality care in accordance with prevailing standards.**
- 12. Right to complain and express dissatisfaction regarding services received.**



The Patients' Bill of Rights (PBoR)

was domesticated at University of Abuja Teaching Hospital, Gwagwalada - FCT
in furtherance of commitment to quality patient care on 22nd February, 2023 on behalf of
Federal Competition and Consumer Protection Commission (FCCPC) by

Babatunde Irukera

Executive Vice Chairman